

WACTA Coaching News

WESTERN AUSTRALIAN CLAY TARGET ASSOCIATION



ISSUE 5

AUGUST 2016

From the desk of the WA State Coaching Director

SPECIAL POINTS OF INTEREST:

- Arrange a Coaching Clinic at your Club
- WA State Coaching Director—Christine Alexander 042 888 3468
- Send me your Club advert & let Coaching help you advertise it as well to all Members & Clubs

MAJOR SHOOT-AUG / SEP 2016

Collie—State Skeet
7 Aug 2016

CMT DTL 2.5
12—14 Aug 2016

WAGC Newton Thomas Skeet 2 Day
20—21 Aug 2016

Leonora 3 Day DTL:
26—28 Aug 2016

ISSF Qualifiers —
26—28 Aug 2016

ACTA 5 Stand Nationals: 27—28 Aug 2016

ISSF Qualifiers —
10—11 Sep 2016

NEXT ISSUE:

Future of Coaching WA (continued)

Skeet Coaching at Collie

Coaching Tips for shooting targets

DSR Funding submission results



2016 WA State 5 Stand Sporting Team for the Nationals at Wagga - 27th & 28th August 2016



Nick Melanko



Paul McGowan



David Knight

To all three guys, WACTA & the Coaching Division wish you the very best of performance at the 2016 ACTA 5 Stand Sporting Nationals. For Nick this is his 1st time as a State Representative Team member, so hopefully the “old stalwarts” - Paul & Dave, give him solid advice & assistance. Will enjoy getting the results & photo's of you all on podium finishes, particularly one with you all winning the “State Shoulder to Shoulder” following in the foot steps of the Ladies DTL Team and the Skeet Veterans Team. Shoot well & enjoy.



WHO ARE OUR OLYMPIC SHOOTERS TO RIO & WHAT ISSF DISCIPLINES WILL THEY SHOOT? SHOOTING SCHEDULE:

Ladies Trap—
7th August

Men's Trap—
7th & 8th August

Double Trap—
10th August

Ladies Skeet -
12th August

Men's Skeet—
12th & 13th August



Catherine Skinner

Laetisha

Adam Vella

Mitchell Iles

James Willett

Aislin Jones

Keith Ferguson

Paul Adams





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From the desk of the WA State Coaching Director

Funding for Coaching in WA

Part of my role, as the State Coaching Director, is to also source funding from outside of the monies that WACTA derives as an Income from Clay Target sales, Memberships and of course the Annual DSR Grant allocation. Therefore the Coaching Division will be looking at as many sources of available income to support the outcomes we are looking for in Coach & coaching development, Officiating pathways & development, athlete development and where possible support for Club development.

I shall be applying to DSR for two Grants that should help our sport grow. The 1st one being the Annual Grants Scheme (AGS) which is submitted in August & February each year and the 2nd being the Country Sports Enrichment Scheme (CSES). Under both of these Grants there is the opportunity to source funding for proposed Coaching Clinics with high profile Coaches / Elite Athletes to country locations plus the metro area.

The two Clinics I am looking at are for the ISSF in January 2017 as we have the Nationals here from 16th—21st January, therefore as we have already had numerous Clinics with the shooters improving their performances, this one will be Adam Vella, two time Olympian &

World Champion (if possible) imparting more knowledge prior to the Nationals.

The 2nd proposed Clinic will be DTL & Skeet for Ladies & Juniors, hopefully at Peel & Districts as Greg Walker has indicated already that Peel would like to hold such a Clinic there. The Coaches / Elite Athletes who we hope to have in attendance over the weekend would be Russell & Lauryn Mark. Russell is a very accomplished DTL shooter & Lauryn, likewise with Skeet.

For the 2nd half of the year, we are hoping that we could get funding to support having Damien & Renae Birgen across for 5 Stand Sporting coaching prior to the Sporting Nationals./ This one is yet to be negotiated, but if successful, will be held at Collie.

There are other Grants available & we in the Coaching Division will be attempting to get as much external funding & support our Members through Coaching & Officiating. I shall be having a meeting with our DSR Consultant ASAP over achieving the funds from these Grants.

Watch this space for the news regarding funding results.

Zone Coaching Clinic—Katanning—10th July 2016

The Katanning Clay Target Club held a coaching day on the 10th of July, with twelve attending. Barry Kowald started the day with the usual safety talk and the basics of Clay Target shooting. There were current members as well as some that had not shot before.

Moving onto the layout, they learnt correct foot / body position, gun fit & where to look for the target.

Vision was discussed, shooting with 1 or 2 eyes & determining the dominant eye for some.

An interesting play on words, THE EYES, when you rearrange the letters it can read, THEY SEE. Very relevant to our sport! One shooter had an alignment issue, looking straight down the rib. Fitting a mid sight, soon improved his scores.

After a BBQ lunch, shooters were able to put into effect what they had learnt, shooting a handicap event & Deauville Doubles. At the end of the day there were three new shooters applying to join the club. Thanks to the club members that assisted on the day. We plan to run another coaching day earlier next year, when the weather is better.



Well done Barry & thanks for the Report.

If any Coach runs a Club Coaching Day, please send me a Report plus photo's so that I can let everyone know what is happening around the Club's with Coaching & Officiating. Even if you would like some particular Coaching "hint", then please email it through so that we can do an article on it. Someone else may want to know the same thing.



Proposed Coaching Clinic Esperance29th & 30th October

Esperance Bay Gun Club has indicated that they will be hosting a DTL Coaching Clinic at the Club over the weekend of 29th & 30th October 2016. It will be open for all members of the Zone so would like to see as many friends & shooters from all the Clubs in the Zone. The invited Coach will be Murray Alexander (Advanced & Olympic Coach) with myself in attendance. All Coaches of Zone are also asked to be a part of the weekend. Des Neale will be there as well, so it

a very good line up of accomplished Coaches.

In conjunction with this Clinic, any person who is interested in becoming a Club Coach, we will use this weekend to start your Course with the "practical component". The next part would be theoretical & Skeet, which we hope to be at Kalgoorlie.

Contact Angus Dinnison at the Esperance Club, if you would like to attend the Coaching weekend.



Don't forget to watch our Olympians at Rio 2016 & wish them well