



SPECIAL POINTS OF INTEREST:

- **Arrange a Coaching Clinic at your Club**
- **WA State Coaching Director—Christine Alexander 042 888 3468**
- **Send me your Club advert & let Coaching help you advertise it as well to all Members & Clubs**

MAJOR SHOOTING— MAR—APR 2017

ISSF QUALIFIER @ CMT

8—9 APR 2017

ESPERANCE EAST- ER 2 DAY DTL

14—16 APR 2017

PEEL & DISTRICTS 2 DAY COACHING

22 & 23 April 2017

COLLIE 2 DAY DTL CARNIVAL

29—30 April 2017

BUSSELTON 2.5 DAY DTL

5—7 May 2017

ACTA Skeet Nats

20—27 May 2017

Zone 1 & 2 Club Coach Course @ WAGC

20—21 May 2017

ISSF HP Coaching Clinic @ WAGC

27—28 May 2017

NEXT ISSUE:

Future of Coaching
WA (continued)

Coaching Clinic @
Peel & Districts:

Coaching Tips for
shooting targets

2017 WACTA EXECUTIVE

The following members were voted in or appointed as the "New" WACTA Executive for 2017 at the recent WACTA AGM held 11th March 2017 at the WA Gun Club. Firstly, thank you to Clint Blee for everything he did over the past couple of years for you & the Association.

<u>President</u>	<u>Vice President</u>	<u>2nd ACTA Delegate</u>	<u>ISSF Delegate</u>
Ian Watson	Alan Featherstone	Terry Marsden	Simon Vogel
<u>Zone Delegates</u>			
(1) Frank Buemi	(2) Terry Marsden	(3) Phil Hodgson	(4) Keith Roy
(6) Jon Dyas	(7) To be advised		(5) Chris Moffatt

State Coaching Director—Christine Alexander

State Rules Supervisors—Shane O'Brien & Terry Marsden

State Handicapper—Tracy Forward

ACTA Delegate—Elaine Forward

The 2017 AGM Minutes & all Reports are located on the WACTA website. Take the time to read them & please if you have any questions, then speak with one of the Executive Members for answers. We are only too pleased to let you know how the Executive is managing your Association.

In 2017 there will be a lot of changes being undertaken by the Executive in the areas of:

- ‡ WACTA website
- ‡ possible WACTA Facebook site
- ‡ Coaching initiatives
- ‡ New look & updated WACTA Procedures Manual
- ‡ Complete State Carnival Operating Procedures Manual
- ‡ Updating the Accounting system
- ‡ Merchandise sales

If you can help us with knowledge & expertise in any area, then let us know so that we can make your Association operate better. All comments, whether negative or positive will be accepted for inclusion in all discussions. **HAVE YOUR SAY.**

Coaching Tip

Visualization

What you see physically can always be recreated with the help of your mind to recall the pictures. This is called "visualization".

As an athlete, the Coach will ask you to undertake this important method for increasing your skills capacity.

This can be done by using your known ability on each pad & how you hit targets off those pads. What is asked is that you visually recall in your mind each element undertaken in the process to hit the target.

This skill allows you to practice outside of the range area plus in areas that feel at peace & able to concentrate more. Every bit of practice helps the physical outcome in competition.

ATTENTION

LADIES & JUNIORS DTL & SKEET DEVELOPMENT CLINIC

22nd & 23rd April 2017

@ Peel & Districts Gun Club

9:30am start each day

Coaches are Russell & Lauryn
Mark

*This is a DSR funded initiative, so make use of the Grant & the Coaches in attendance. **Urgently register now.** See flier or WACTA website for more information*

WACTA Executive Meeting @ WA Gun Club - 13th May 2017 at 9:00am *If you have anything that you would like the Executive to discuss as a Member of the Association, speak with your Zone Delegate or contact any Executive member listed above.*



From the desk of the WA State Coaching Director

ACTA DTL Nationals: 24th—1st April 2017

Results listed to date for WA competitors at the 2017 ACTA DTL Nationals

Highest ranking WA competitor - Jason Oliveri 17th Overall & 707 pts (Hcp 26/50; Mixed Targets 124; DR 92; DB 50; SB 99 & Pts Score 296)

75t National Champion of Champion - 2nd B Grade: Tracy Forward 135/150

50t National Double Barrel - 1st Juniors: William Freni-Lizzi 81/81

Proposed 2017 Zone Club Coaching Courses

Zone 1 & 3 (Metro) & (Eastern): 20th & 21st May

Zone 2 (Midwest): 24th & 25th June

Zone 6 (Southwest): 22nd & 23rd July

Zone 5 (Gt Southern): 21st & 22nd October

(Change of date)

Contact the State Coaching Director & register your interest—it is important for your Club

PINE HAULIERS POSTAL JUNIOR HIGHGUNTROPHY

Pine Hauliers sponsor each year a Postal Junior Trophy. Thank you to the Coverley family for this wonderful sponsorship and initiative.



To qualify, a Junior must attempt to shoot at 7 of 15 different disciplines over the year from the 2016 State DTL Carnival. The scores must be verified by a Club official or recorded in your Handicap book.

For all details refer to the WACTA Procedures Manual or contact the State Secretary—Anita Dyas at email address secretary@wacta.net

Come on all Juniors & start recording all of your shoots in every disciplines. The Winner & Runner-up is announced at the 2017 State DTL Carnival.



2017 STATE SKEET CARNIVAL FEEDBACK

If you attended the 2017 State Skeet Carnival & think that there were areas that need to be looked at, put it on paper / email or verbally to your Zone Delegate or any other Executive member. This year we sourced sponsorship for Event prizes—did you like them?

Let us know your comments. Don't talk about it behind the cars...tell us. How can we as an Association improve and run a better Carnival next year & in future years.

All comments welcomed.

"ADVANCED NOTICE"

ACTA Commonwealth DTL Carnival
30 June / 1—2 July 2017
@ WA Gun Club



WACTA STATE "5" STAND SPORTING CLAYS

17th—18th June 2017

@ WA Gun Club

At the May Executive meeting a new format being looked at will be discussed as per the suggestions offered by Members at the 2016 State "5" Stand Sporting Titles.

It is likely that there will be 2 x 50t events on Saturday with the 100t State Title on Sunday. All information will be immediately released after the meeting.

We are listening, so please get together & start shooting the "5" Stand. Come to the State Titles & put your practice into reality.

Also, we will need help to run the weekend so please, step forward & offer to help.



WACTA SPORTS STAR OF THE YEAR AWARDS

Each year the WACTA Executive select a Senior, Junior, Veteran & International representative who then go onto the Western Australian Shooting Association (WASA) Sports Star of the Year against all other Ballistic disciplines. So Clubs, start keeping a record of your Members achievements & send them to WACTA. **Period of performance is 1st September 2016 to 31st August 2017.**

For all details refer to the WACTA Procedures Manual or contact the State Secretary—Anita Dyas at email address secretary@wacta.net

Start compiling the information now & be proud of your competitive members

2017 State Skeet Team Representatives

This year there will be plenty of "young guns" taking up the mantle in the WA State Representative Open Team.

‡ **Mike Voke** ‡ **Matt Depaoli** ‡ **Ashley Weston**

‡ **Glenn Davis** ‡ **Simon McKay**

The Veterans will see once again good experience as a trait.

‡ **John Rourke** ‡ **Terry Marsden** ‡ **Tony Davies**

Unfortunately there will be no Ladies or Junior Teams in attendance, but with time it is hoped that this area will increase in participation & WA will be able to send Teams.

In-house Club or Zone Coaching Clinics

DTL or Skeet / Sporting or ISSF

Get together & arrange a Coaching Clinic for all your Club or Zone members. The Coaching Division has a number of Coaches available in all Disciplines & would love to have them involved in providing the Coaching.

Contact me, Christine Alexander to assist in getting the Coaches for you.